

Pygmy Torch Amaranth (*Amaranthus hypochondriacus*)

Annual

Variety: 'Pygmy Torch'

Compact plants with upright, torch-like
flower spikes in deep red tones

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Planting*:

Direct sow after last frost or start indoors
4-6 weeks early.

Plant in full sun; space 10-12 inches apart.

Harvest*:

75-90 days to maturity

Harvest flower spikes when fully
colored; suitable for fresh or dried use.

Edible: **Yes (young leaves; seeds)**
Cut flower: **Excellent (fresh and
dried)**

Red White and Blue

Native to the Americas



*Johnny's Seed Co. For more information, visit [Pygmy Torch Amaranth](#).

Seeds graciously donated by The Garden Club of Old Greenwich.