

Nigella (Love-in-a-Mist) (*Nigella damascena*)

Annual

Variety: Standard blue

Delicate blue flowers surrounded by fine, feathery foliage

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Planting*:

Direct sow in early spring or fall.

Plant in full sun to light shade; space 6-9 inches apart.

Harvest*:

65-75 days to bloom

Harvest flowers when fully open;

Harvest seed pods once mature for drying.

Edible: **No**

Cut flower: **Yes (flowers and pods)**

Red White and **Blue**



*Johnny's Seed Co. For more information, visit [Nigella \(Love-in-a-Mist\)](#).

Seeds graciously donated by The Garden Club of Old Greenwich.