

# New England Aster

(Symphyotrichum novae-angliae)

Large plant, leaves are hairy and clasp the thick stems.

Flowers persist until frost in the fall.

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## Planting:

Plant outside in the garden during the fall (Stratify in cold (40°F) moist soil).

Plant in an area with sun. Soil should be moderately moist.

Plant seeds in loosened soil and then cover in a thin layer of soil and pat down. Then water the seeds.

Seedlings have moderate growth.

We recommend using these seeds to start a Pollinator Pathway garden. Plant in the fall, refrain from active weeding, and let the seeds sprout, root, establish, mature, and bloom naturally.

## Harvest:

Collect in the middle of October.

Seed heads should have fluff expanded and the seeds should pull away from the head easily. If seeds stick together too much they aren't ready yet.

Pull seeds from the seed heads using hands OR pop the seed heads off the plant and collect in paper bags. Separate seeds, sticking together makes them hard to plant well. Fluff is difficult to remove, so plant together.



*Seeds graciously donated from The Greenwich Land Trust meadow*

*Remember: "Sleep Creep Leap". Perennials are slow to start but will eventually grow into a garden.*