

# Flat-Topped White Aster

(*Doellingeria umbellata*)

Leaves simple and without any teeth along the edge.

Flowers usually white and create a large flat cluster on top of a stiff stem.



## Planting:

Plant outside in the garden during the fall  
(Stratify in cold (40°F) moist soil).

Plant in a partly shaded area. Soil should be moist.

Plant seeds in loosened soil and then cover in a thin layer of soil and pat down. Then water the seeds.

We recommend using these seeds to start a Pollinator Pathway garden. Plant in the fall, refrain from active weeding, and let the seeds sprout, root, establish, mature, and bloom naturally.

## Harvest:

Collect in the middle of September.

Seed heads should have fluff expanded and the seeds should pull away from the head easily. If seeds stick together too much they aren't ready yet.

Pull seeds from the seed heads using hands OR pop the seed heads off the plant and collect in paper bags. Separate seeds, sticking together makes them hard to plant well. Fluff is difficult to remove so plant together.



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*Seeds graciously donated from The Greenwich Land Trust meadow*

*Remember: "Sleep Creep Leap". Perennials are slow to start but will eventually grow into a garden.*