## **Common Milkweed**

## (Asclepias syriaca)

Leaves are dark green on top and lighter underneath with dense hairs. Flowers pink and rounded.



## Harvest:

Collect middle of September to beginning of October.

Seeds are mature when they are brown and dry. The pods will also yellow, if the pod is brown, often seeds will start floating away.

Collect the seeds by breaking off the pods. Open at the seam and knock the seeds off from the fluff. If at the proper maturity they will easily flake away from the still damp fluff.

If pods were left on the plant for too long the fluff will expand and removing the seeds will be more difficult. Put them into a paper bag and shake vigorously. Open the bag and work the opening, letting separated fluff to float away.



## **Planting:**

Plant outside in the garden during the fall (Stratify in cold (40°F) moist soil).

Plant in an area with sun. Soil should be moderately moist.

Milkweeds have large root that can make transplanting difficult. So plant it where you want it to grow.

We recommend using these seeds to start a Pollinator Pathway garden. Plant in the fall, refrain from active weeding, and let the seeds sprout, root, establish, mature, and bloom naturally.



Seeds graciously donated from The Greenwich Land Trust Meadow

<u>Remember: "Sleep Creep Leap". Perennials are slow to start but will eventually grow into a garden.</u>